## CORNELL SYMPOSIUM

HEALTH HOSPITALITY & DESIGN

2023 PROGRAM

### **PRESENTED BY**



### **THANK YOU**

The Cornell Institute for Healthy Futures would like to thank Mazzetti: MEP Healthcare Engineering, Planning & Design, the Cornell University Healthy Futures student chapter, Waterstone Student Presenters, College of Human Ecology's Office of Alumni Affairs and Development and the students in DEA 5305 Health and Healing Studio.

### **THANK YOU TO OUR SPONSORS**











RUTH BROWNE RONALD MCDONALD HOUSE NEW YORK







### **WELCOME**





Dear Colleagues and Friends,

Welcome to the 2nd Cornell Hospitality, Health and Design Symposium organized by the Cornell Institute for Healthy Futures (CIHF). In addition to speakers, we have expanded our event to include a workshop on the design of assisted living environments, thus providing both lecture and hands-on experiences.

The years since the last symposium in 2016 have been tumultuous, inspiring and challenging! More than ever, the importance of our mission rings true – we bring together academic scholars, industry leaders and engaged students who have interest in exploring the rapidly evolving dynamics of hospitality and healthcare industries in the context of the designed environment.

As symposium co-chairs and directors of CIHF, we are grateful for the generous support provided by the School of Hotel Administration (SHA) in the SC Johnson College of Business, the College of Human Ecology (CHE) and our industry collaborators.

We hope you enjoy our event!

Mardelle Shepley, CIHF Executive Director, Department of Human Centered Design, College of Human Ecology Heather Kolakowski, CIHF Associate Director, Nolan School of Hotel Administration, SC Johnson College of Business

# WELCOME

### **SCHEDULE**

### Thursday, May 11, 2023

4:00 – 8:00 PM	Registration	Statler Hotel Lobby
4:00 – 5:30 PM	CIHF Advisory Board Meeting	ILR 229
5:30 - 7:00 PM	Opening Reception	Taylor A & B, Statler Hotel

### Friday, May 12, 2023

6:45 AM - 4:00 PM	Registration	Statler Ballroom Foyer
7:00 – 8:00 AM	Breakfast	Statler Ballroom
9:00 AM - 4:00 PM	Conference Refreshments	Statler Ballroom Foyer
8:00 - 8:15 AM	Opening Remarks	Statler Ballroom
	Dean Rachel Dunifon, Dean Kate Walsh,	
	Mardelle Shepley, Heather Kolakowski	
8:15 - 9:00 AM	Opening Keynote	Statler Ballroom
	Senior Housing, Current Market Conditions	
	Beth Mace, Chief Economist, NIC	
9:10 - 10:00 AM	Session 1 A	Statler Hall 196
	Affordable Senior Living Panel	
	Severine Petras, Jay Woolford, Mitch Brown	
9:10 - 10:00 AM	Session 1 B	Statler Ballroom
	Hospitable Healthcare	
	Peter Yesawich	
10:00 - 10:15 AM	Wellness Networking Break	Statler Ballroom Foyer
10:15 - 11:05 AM	Session 2 A	Statler Ballroom
	Health Equity Panel	
	Julie Carmalt, Winnie Cudjoe,	
	Jeff Niederdeppe, Troy Savage	
10:15 - 11:05 AM	Session 2 B	Statler Hall 196
	Beyond the Boundaries	
	Gérard van Grinsven, Oliver Olsson	

### **SCHEDULE**

### Friday, May 12, 2023 continued

11:15 AM - 12:15 PM	Session 3 A Healing Waters Immersive Experience Connie Lin	1250 MVR
11:15 AM – 12:15 PM	Session 3 B Nature Walk Don Rakow, Christine Tanner	Cornell Botanic Gardens
11:15 AM – 12:15 PM	Session 3 C Hands-on Art Christine Mullen	Statler Ballroom
12:15 - 1:30 PM	Lunch Student Poster Presentations	Statler Ballroom
1:40 - 2:30 PM	Session 4 A Evidence Based Design Mardelle Shepley, Kati Peditto, Rosalyn Cama	Statler Ballroom
1:40 - 2:30 PM	Session 4 B Senior Living Design Panel Meredith Oppenheim, Esther Greenhouse, Siobhan Farvardin, Catherine Montgomery	Statler Hall 196
2:30 – 2:45 PM 2:45 – 3:35 PM	Wellness Networking Break Session 5 A Wellness in Hospitality Tim McCarthy, Jessica Cooper, Mindi Morin, Garnie Nygren	Statler Ballroom Foyer Statler Ballroom

# SCHEDULE

### **SCHEDULE**

### Friday, May 12, 2023 continued

2:45 - 3:35 PM	Session 5 B Healthcare Practitioner Panel Peter Yesawich, Dr. Robert Corona, Laurence Geller, Dr. Martin Stallone	Statler Hall 196
3:45 - 4:45 PM	Session 6 Brainstorm Sprint	Statler Ballroom
4:45 - 5:25 PM	Closing Keynote Rohit Verma	Statler Ballroom
5:25 - 5:30 PM	Closing Remarks Mardelle Shepley, Heather Kolakowski	Statler Ballroom
5:00 - 6:00 PM	Reimagining Workshop Registration	ILR, Room 425
( D) (	Reimagining Workshop Working Dinner	ILR, Room 425
6:00 – 7:30 PM	Reimagning Workshop Working Dinner	ilk, kooiii 425
6:00 – 7:30 PM  Saturday, May 13, 2023	Reimagning Workshop Working Dinner	ilk, kooiii 425
,	Breakfast	ILR, Rooms 423 & 425
Saturday, May 13, 2023		
<b>Saturday, May 13, 2023</b> 7:30 – 8:00 AM	Breakfast Reimagining Workshop	ILR, Rooms 423 & 425

### **KEYNOTE PANELS**

### **Opening Keynote**Senior Housing, Current Market Conditions

Friday, May 12, 8:15 - 9:00 AM



Beth Mace

Beth Burnham Mace is the Chief Economist at the National Investment Center for Seniors Housing & Care (NIC). Prior to joining the staff at NIC, she served as a member of the NIC Board of Directors for seven years and chaired NIC's Research Committee.

**Closing Keynote**Friday, May 12, 4:45 - 5:25 PM



### Rohit Verma

Rohit Verma is the Founding Provost (Chief Academic Officer) of VinUniversity (Hanoi, Vietnam), currently on leave from Cornell University. Prior to his current appointment, he was the Dean of External Relations for Cornell SC Johnson College of Business (May 2016 – June 2019); Singapore Tourism Board Distinguished Professor (January 2014 – June 2019); Executive Director for Cornell Institute for Healthy Futures (July 2015 – June 2018); and Executive Director of Cornell Center for Hospitality Research (July 2009 – June 2012).

### **WORKSHOP FACILITATOR**

### **Reimagining Workshop Dinner**

Friday, May 12, 6:00 - 7:30 PM

### **Reimagining Assisted Living Workshop**

Saturday, May 13, 7:30 - 4:00 PM



Troy Savage Associate, Project Manager Mazzetti

At Mazzetti, Troy serves as an associate project manager for MEP engineering work inconcert with change management strategies around sustainability behavior/culturechange services. He manages a project to create a unique comprehensive energystrategy for a large health care organization. Working with facility staff and management implement policy and improve processes, Troy also assists in reducing issues and streamlining the process for implementation of energy conservation measures.

The Reimagining Workshop will open with a dinner for participants on the evening of Friday, May 12. On Saturday, May 13, the Assisted Living Workshop will feature a more intimate hands-on thought design workshop led by Troy Savage. Designers will join healthcare and senior living leaders to collaborate in an interactive day of re-imagining the design of assisted living facilities in response to changing needs.

### **CONCURRENT SESSIONS**

# Friday, May 12, 2023 NOTES

### STATLER Ballroom · 9:10 - 10:00 a.m. · Session 1A







### **Affordable Senior Living Panel**

Moderator:

Severine Petras, CEO/Co-Founder, Priority Life Care

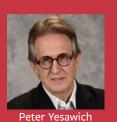
Speakers:

Jay Woolford, SVP-Development, CIRC Development, a Transforming Age Affiliate, Sustainable Housing for Ageless Generations (SHAG)

Mitch Brown, Principal, Senior Housing Consulting

The demand for affordable senior living is high, and there is a growing need for senior living options for low-income and middle-income older adults. Finding affordable senior living is crucial for older adults who are living on fixed incomes. It is even more vital for older adults who are living below the national poverty level. This session will identify challenges and opportunities within the affordable senior living industry.

### STATLER HALL Room 196 · 9:10 - 10:00 a.m. · Session 1B



### **Hospitable Healthcare**

Peter Yesawich, Chairman, Hospitable Healthcare Partners, LLC

This session will include a presentation and discussion of recent primary research conducted with U.S. adults on the major service gaps in healthcare, and introduce select hospitality service strategies that may be adopted to enhance the patient experience.

### **CONCURRENT SESSIONS**

### Friday, May 12, 2023

NOTES



### **Health Equity Panel**

Moderator:

**Julie Carmalt**, Associate Director of the Sloan Program in Health Administration, Cornell University, Senior Lecturer, Cornell Brooks School of Public Policy

Speakers:

Winnie Cudjoe, Chief Operations & Management Officer, Ronald McDonald House New York Jeff Niederdeppe, Senior Associate Dean of Faculty Development, Jeb E. Brooks School of Public Policy, Professor of Communication and Public Policy, Cornell University Troy Savage, Associate, Project Manager, Mazzetti

Health equity means the attainment of the highest level of health for all people, where everyone has a fair and just opportunity to attain their optimal health. This session explores how hospitality, environmental design, and health policy impact healthcare service and quality,

### **STATLER HALL Room 196 · 10:15 - 11:05 a.m. · Session 2B**





### **Beyond the Boundaries**

**Gérard van Grinsven**, COO & Partner, Waterstone Properties **Oliver Olsson**, *Chief Growth Officer*, Waterstone Properties

This session will discuss inventing an unorthodox vision for healthcare and be prepared to rethink the fundamentals of how hospitality, real estate and the healthcare industry operate.

### **CONCURRENT SESSIONS**

### Friday, May 12, 2023

# NOTES

### MARTHA VAN RENSSELAER Room 1250 · 11:15 - 12:15 p.m. · Session 3A



### **Healing Waters Immersive Experience**

Connie Lin, Architect/Project Manager, Associate AIA, WELL AP, HOLT Architects, PhD student, Cornell

This gallery features an immersive sensory waterscape that was designed to help visitors reduce stress and find a sense of calm.

### CORNELL BOTANIC GARDENS · 11:15 - 12:15 p.m. · Session 3B





### **Nature Walk**

Don Rakow, Associate Professor, School of Integrative Plant Science, Cornell Christine Tanner, Program Manager, CIHF Take a nature walk through the Cornell Botanic Gardens.

### STATLER Ballroom · 11:15 - 12:15 p.m. · Session 3C



### **Hands on Art**

Christine Mullen, Visiting Lecturer, UF Center for Arts in Medicine

Actively engage in a creativity session using wordless, improvisational communication to produce a collaborative work of art.

### **CONCURRENT SESSIONS**

### Friday, May 12, 2023

# NOTES **Evidence Based Design**



Moderator:

Mardelle Shepley, Professor, Human Centered Design, Cornell, Executive Director, CIHF Speakers:

Kati Peditto, Co-Director, Human Experience Lab, Perkins&Will Rosalyn Cama, President, CAMA Inc.

Evidence-based design (EBD) provides state-of-the-art knowledge regarding the creation of user-supportive environments. This panel, composed of an award-winning interior designer, a psychologist/research director in a design firm, and an academic/architect, will discuss the meaning of EBD, its history and the future role it will play in promoting wellness.







### **Senior Living Design Panel**

Moderator:

Meredith Oppenheim, Founder and CEO, Vitality Society

Esther Greenhouse, CEO, Environmental Gerontologist & Strategic Consultant, Silver to Gold Strategic Consulting

Siobhan Farvardin, Global Practice Director, Senior Living, Principal, HKS **Catherine Montgomery**, *Resident Program Coordinator*, Brookdale Senior Living

This panel will explore current challenges, emerging trends and future opportunities within and beyond the four walls of senior housing.

### **CONCURRENT SESSIONS**

# Friday, May 12, 2023 NOTES





### **Wellness in Hospitality**

Moderator:

**Tim McCarthy**, Partner & Managing Principal, Hart Howerton

Speakers:

Jessica Cooper, Chief Product Officer, International WELL Building Institute (IWBI)

Mindi Morin, Managing Director, Canyon Ranch

Garnie Nygren, COO, Serenbe

This panel focuses on insights into the opportunities and challenges associated with the application of the principles of wellness to hospitality. From designing spaces to designing guest experiences, how can wellness improve hospitality?



### **Healthcare Practitioner Panel**

Moderator:

Peter Yesawich, Chairman, Hospitable Healthcare Partners, LLC Speakers:

**Dr. Robert Corona**, *Chief Executive Officer*, Upstate Medical University Dr. Martin Stallone, Chief Executive Officer, Cayuga Medical Center

Lawrence Geller, UK Government Advisor, Major Conditions Strategy, Dementia Care and Concussion in Sport, Founder and Chair, Geller Commission on Dementia Care

This panel will address design, service, and operational strategies healthcare practitioners have adopted to enhance the patient experience. We will recommend strategies healthcare services providers may adopt prior, during, and after treatment to enhance the patient experience.

### **Reimagining Assisted Living Workshop**

### Friday, May 12 - May 13. 2023

NOTES	

### ILR CONFERENCE CENTER

Dinner: Friday, May 12 · 6:00 p.m. - 7:30 p.m.

Workshop, Rooms 423 and 425: Saturday, May 13 · 7:30 a.m. - 4:00 p.m.

The workshop will be an intimate hands-on thought design workshop led by Troy Savage of Mazzetti. Designers will join healthcare and senior living leaders, workers, residents, and Cornell students to collaborate in an evening and interactive day of re-imagining the design of assisted living in response to changing needs.

The event is unique for its integrated empathy training meant to sensitize participants to the varying needs of all stakeholders; the assignment is broad and participants are encouraged to think radically and abandon traditional healthcare delivery; there are no constraints place on the thought experiment; and rather than focusing on the design of a single facility, various stakeholders are encouraged to work together to contemplate blue-sky thinking for the design of varied assisted living communities.

We are providing 8 hours of AIA HSW CEU approved course content for the Reimagining Assisted Living Workshop.



### **FOUNDING MEMBERS**



**Founding Members Melissa Ceriale**P'15, '16, '18, Board of Trustees, Montefiore Medicine



Andy Chen
Master of Engineering, Operations Research & Industrial
Engineering '95
Master of Engineering, Electrical Engineering '94
Bachelor of Science, Electrical Engineering '93
President, Tyson BioReserach, Inc.



**David Schless** 

ASHA (American Senior Housing Association)

Member Organization

ASHA is the industry thought-leader promoting quality and innovation, advancing research, exchanging strategic business information and influencing legislative and regulatory matters.

ASHA aims to advance information and research that frame and

### **ADVISORY BOARD**



David Banta Partner, BKV Group



Gérard van Grinsven COO & Partner, Waterstone Properties



Bradford Perkins Chairman & CEO, Perkins Eastman Architects



David Schless President & CEO, ASHA



Ruth Browne President & CEO, Ronald McDonald House NY



Joe Jedlowski Chairman & CEO, Distinctive Living



Severine Petras CEO & Co-Founder, Priority Life Care



Kenneth Segarnick CCO, Brandywine Living



Andy Chen President, Tyson Bio Research, Inc.



Mary Leary CEO & President, Mather



Lynne Rizk Principle & Director of Health, HKS, Inc.



Martine Stallone CEO, Cayuga Medical Center



Robert Corona CEO, Upstate Medical University



Partner & Managing Principle,
Hart Howerton



Robert Ritz CEO, MercyOne



Peter Yesawich Chairman, Hospitable Healthcare Partners

### **PLANNING COMMITTEE**



Mardelle Shepley
CIHF Executive Director, Department of Human Centered Design,
College of Human Ecology



Heather Kolakowski
CIHE Associate Director Nolar

CIHF Associate Director, Nolan School of Hotel Administration, SC Johnson College of Business



**Christine Tanner**CIHF Program Manager



**Allison DeDominick**CIHF Program Assistant



**Khizar Jaffry**CIHF Graduate Student Employee

### **STUDENT PRESENTERS**

### **Waterstone Groups Student Presenters:**

### **Rock Row**

Cameron White David Martinez Madelyn Hill (Abroad)

### CSC

Victor Wu Ty Moxie Kaitlyn Varriale



### Ortho

Liz Madamidola Theodora Kouloglou Esther Akapo Alyssa Miyamoto

### **DEA 5305 Health and Healing Studio:**

Caleb Cambron Savannah Flores Elizabeth Madamidola Ethan Shao





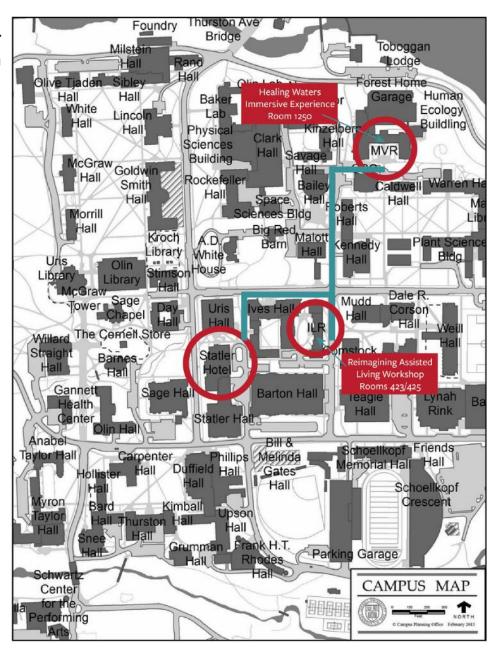




### **SITE PLAN**

How to get from the Statler to ILR and Martha Van Rensselaer.

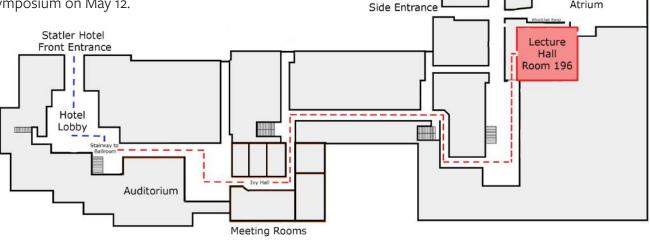
The gallery in which the water experience is offered is in room 1250 on the first floor of the east wing of MVR near the elevator.



### **FLOORPLANS**

### 1st Floor

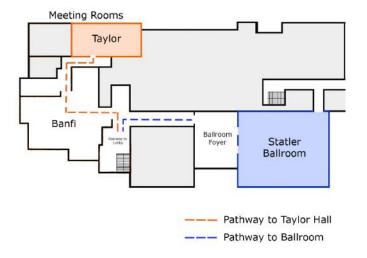
Concurrent sessions will be held in Statler Hall room 196 (and the Ballroom, 2nd floor) during the symposium on May 12.



Statler Hall

### 2nd Floor

The reception will be held in the Taylor Room on May 11. Concurrent sessions will be held in the Ballroom (and Statler Hall room 196, 1st floor) during the symposium on May 12.



Statler Hall Front Entrance

Atrium

--- Pathway to Lecture Hall — Pathway to Ballroom

